



## BOTOX | PRE-TREATMENT INSTRUCTIONS

Following these simple pre-treatment guidelines can help you maximize positive results and reduce possible side effects from treatment. We realize this is not always possible; however, minimizing these risks is always desirable.

- ❖ Patient must be in good health with no active skin infections in the area to be treated
- ❖ Patient should not be needle-phobic
- ❖ Schedule appointments at least 2 weeks prior to special events (wedding, vacation, etc.) to allow ample recovery time in case of any bruising or swelling.

### THINGS TO AVOID

Avoid alcohol for at least  
24 hours before treatment

Avoid alcohol and anti-inflammatory/blood thinning medications. As these substances thin the blood, your risk for bruising and swelling increases.

Ideally, avoid anti-inflammatory/blood thinning medications for a period of two (2) weeks before treatment:

- ❖ Aspirin
- ❖ Vitamin E
- ❖ Ginko Biloba
- ❖ St. Johns Wort
- ❖ Ibuprophen
- ❖ Motrin
- ❖ Advil
- ❖ Aleve
- ❖ Vioxx & other NSAIDS

Patient \_\_\_\_\_ Date \_\_\_\_\_

*The final piece to your confident smile.*

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